

VOICE CHECK

Within one day, the voice check will tell you if your co-workers are getting the most out of their voice and if there are specific, voice-related problems. Subsequently, everybody participates in a workshop and will get practical, hands-on tips for better voice use. Afterwards, you'll receive a report.

Why

Workplace communication is not just about the words you say. If you want to work efficiently and goal orientated, it's very important to have a pleasant and decisive voice. With a healthy, good voice you can consciously choose the right tone of voice for any situation. This way, you'll make more impact and deliver your message effectively.

A healthy voice is more resistant to voice problems, which can occur during public speaking, presenting and attending meetings. Moreover, a trained voice can to some extent regulate stress and emotions, so they will have less influence on you while speaking.

Who will benefit

- Teams and departments that have a lot of meetings, presentations and/or phone calls
- Young professionals to senior executives
- Professions that use their voice frequently: account managers, consultants, counsellors, teachers, lawyers, sales managers and customer care
- Dutch and English speaking teams

Price

€350,- excl. VAT per person (excl. possible travel costs)

More information

Go to www.useyourvoice.nl/voicecheck

One-on-one analysis

- Intake based on filled out questionnaire (sent per email beforehand)
- 15 min. per staff member
- Evaluation of possible problems and points of improvement

Workshop

- Greater awareness of the way you use your voice and its effect on others
- Introduction of hands-on voice techniques
- Personal feedback
- Apply tips straight away in everyday life
- In groups of max. 6 people

Output

- Report for employer and staff member
- Analysis per staff member
- Analysis of the group
- Results after the workshop
- Advice for next steps, if applicable

optional

Personal coaching

- For those who want/need more intensive voice training
- 3 individual sessions of one hour
- At use your voice, during or after office hours
- A customised voice coaching program